



Freshmen Year Planning Tools

- ✓ **Freshmen Goals**
 - Begin self-advocacy
 - Plan short-term and long-term goals
 - Participate in Freshman Transition lessons – PE Class
 - Participate in counseling lessons and school activities about *Self-Awareness, Self-Management, Responsible Decision Making, Relationship Skills, Social Awareness*
- ✓ **WTHS Website**
 - [Student Handbook](#) – Use as reference
- ✓ **WTHS Counseling Website** – Bookmark on Laptop
 - [School Counseling Secretaries, School Counselors & Student Assistance Coordinator \(SAC\)](#)
 - High School Counselor & SAC Role – Confidentiality
 - Counselor Email & Telephone
 - Counseling Office Appointment Request Form
 - [Community Resources](#)
 - [Program of Studies](#) – NJ State Minimum Graduation Requirements on page 5
 - Personalized Student Learning Plan – Complete annually with your counselor
 - Career & College Planning
 - [Annual College & Career Fair](#)
- ✓ **PowerSchool/Schoology** – Bookmark on Laptop
 - Contacts – Review information
 - Parent name, telephone, email, siblings
 - Current schedule – Review courses
 - Grades
 - Grading scale – Weighted grading (Program of Studies page 10)
 - Report cards – 2 semesters
 - Grade level status – Earn at least 24 credits to be a sophomore
 - Transcript – Courses, final grades, credits, grade point average, test scores
- ✓ **Naviance** – Bookmark on laptop and explore the following information
 - Home
 - Self-Discovery
 - Career Cluster Finder – Careers that match your interests
 - Career Interest Profiler – Complete the survey
 - Career Key – Understand your score using [Holland Interest Codes](#)

- Intelligences – Understand your Multiple Intelligences and Emotional Intelligence results
- Learning and Productivity – Understand your sensory and mindset preferences
- Personality – Understand your personality type
- StrengthsExplorer – Understand your strengths
- Careers
 - Favorite Careers and Clusters – Create a list
 - Explore Careers
 - [Holland Interest Codes](#)
 - [Career Cluster Pathways](#)
 - Explore Clusters and Pathways – Search for helpful information
 - Favorite or Explore Military Branches - Search for helpful information
 - Explore Roadtrip Nation Videos – Watch videos about different careers
- Colleges – Find Your Fit
 - SuperMatch College Search – Create a list
 - College Events – Sign up for a session or visit
 - Scattergrams – Select a college to determine if it is a good fit for you
 - Advanced College Search – Select the criteria to search schools
 - College Lookup – Lookup an individual school
- Colleges – Research Colleges
 - Colleges I’m Thinking About – Start a list
 - College Compare – Compare colleges based on your GPA and PSAT or SAT scores
 - College Resources – Review the helpful resources
 - Acceptance History – Review college acceptances from WTHS
 - Enrichment Programs – Search program opportunities
 - College Maps – Review information
- Colleges – Apply to College
 - Colleges I’m Applying to – Create during junior and senior years
 - Test Scores – College Board score results listed
- Colleges – Scholarships and Money
 - College-Specific Scholarships – Search during your senior year
 - National Scholarship Search – Search during your senior year
 - Scholarships Search – Search during your senior year
 - Favorite Scholarships – List your scholarships
- Planner
 - Tasks – See if your counselor assigns a task
 - Goals – Set your own goals
 - To-Dos – Create a list
- Click your initials in the top right-hand corner > Documents and Notes
 - Resume – Add/Update Sections
 - Portfolio – Your information
 - Test Scores – PSAT and SAT score results
 - Surveys – Check your results

✓ **Standardized Tests**

- [PSAT 8/9](#)
- NJSLA – ELA, Mathematics
- [Advanced Placement](#)

✓ **High School/College Dual Credit Courses**

- [Camden County College](#)
- [Rowan College of South Jersey](#)
- [Stockton University](#)

✓ **Co-Curricular**

- [Athletics](#)
 - [NCAA Eligibility Center](#) – Student-Athletes
- [Clubs & Activities](#)





Freshmen Monthly Checklist



August	<ul style="list-style-type: none">✓ Complete Summer Assignments✓ Attend Freshmen Transition Program✓ Attend Freshmen Walk Through Day✓ Welcome! Good luck with your new high school schedule
September	<ul style="list-style-type: none">✓ Meet with your new high school counselor✓ Use the Freshmen Year Planning Tools✓ Get involved in school activities, clubs or sports✓ Use your Naviance account to create a resume and do career and college searches✓ Register for Advanced Placement (AP) Exam, if applicable
October	<ul style="list-style-type: none">✓ Complete Appointment Request form or email to meet with your counselor as needed✓ Take the PSAT 8/9✓ Register for Advanced Placement (AP) Exam, if applicable
November	<ul style="list-style-type: none">✓ Meet with your counselor or email as needed
December	<ul style="list-style-type: none">✓ Meet with your counselor or email as needed✓ View PSAT 8/9 Score Report through psat.org/myscore
January	<ul style="list-style-type: none">✓ Meet with your counselor as needed
February	<ul style="list-style-type: none">✓ Meet with your counselor or email as needed✓ PowerSchool – Semester Grades available✓ Utilize the WTHS Program of Studies on our Counseling Webpage✓ Start thinking about what courses you would like to take in the next school year and your interests
March	<ul style="list-style-type: none">✓ Meet with your counselor individually to receive scheduling advisement using your Personalized Student Learning Plan✓ Attend our College & Career Fair
April	<ul style="list-style-type: none">✓ Meet with your counselor or email as needed✓ Verify next year's courses in PowerSchool
May	<ul style="list-style-type: none">✓ No course changes after May 1st✓ Meet with your counselor or email as needed✓ Take the AP Exam, if applicable✓ Take NJSLA in ELA and Math
June	<ul style="list-style-type: none">✓ Meet with your counselor or email as needed✓ Get Summer Assignments✓ Seek enrichment, volunteer, or employment opportunities as resume builders during the summer✓ Consider visiting colleges, schools, or military offices to explore your postsecondary options✓ PowerSchool – Final report card emailed✓ Enjoy your summer!